



## B&D Targeted Youth Offer (A-Z)

Details of upcoming Summer opportunities targeted to specific groups of young people, such those at risk of exploitation and serious youth violence, LGBT+ groups, and more\*.

Please follow the relevant contacts in this document for further details and referrals.

**\*Please note:** all of these activities are based on current risk assessments and will be carried out in a safe and controlled manner. Changes in the legislation surrounding Covid-19 may impact delivery of these activities.

## Ab Phab Youth Club

Ab Phab Youth Club provides inclusive activities for disabled children and young people, their siblings, and those who lack confidence to access mainstream services, increasing participation skills, physical health, and essential life skills. Age 11-25.

Currently offering daily challenges, virtual youth sessions, and weekly games, crafts and quizzes.

Ab Phab are working with a current cohort, but are open for referrals.

Please contact: 0208 227 2110 or 0208 227 2094

Visit their Facebook page: <https://www.facebook.com/abphabyc/>

## Arc Theatre: RAISED VOICES

RAISED VOICES work with young people challenging issues that affect them today, including body image, mental health, domestic violence, sexual exploitation, and FGM.

Arc Theatre are working with a current cohort of members but plan to welcome new referrals from September.

Please view their website to find out more: <https://raisedvoices.info/>

## Box Up Crime

Box Up Crime work with young people at risk of having their lives ruined by crime and motivate them to recapture their aspirations.

Box Up Crime have a universal offer via their Instagram page with live workout videos and boxing training. They also run a targeted programme for those at risk of crime, this includes 1 to 1 online mentoring and support, as well as groupwork. Box Up Crime also offer a targeted project R.O.A.D.S with enterprise skills and mentoring.

Box Up Crime are also running a 9am-9pm daily hotline for those in need - please call 07972 685945

Please email: [info@boxupcrime.org](mailto:info@boxupcrime.org)

Check their instagram for live updates: @boxupcrime

## Carers of B&D - Young Carers Service

Young carers offer support for young people (under 19) who help care for somebody at home. They help cope with the many responsibilities that young carers may struggle to fit around caring responsibilities, such as exam revision.

The Young Carers project continues to accept referrals and offering home visits via video call virtual platforms. Through summer they are offering virtual weekly sessions, along with face-to-face sessions.

Please call: 020 8593 442

Please email: [carers@carerscentre.org.uk](mailto:carers@carerscentre.org.uk)

## Chain Reaction: A4G Summer Club

Chain reaction work with young people across the borough to offer issue-based theatre and media workshops for disadvantaged communities. Aged 11-18.

Chain reaction are running a summer club at Greatfields school (please see attached flyer).

Please contact: [admin@chainreactiontheatre.co.uk](mailto:admin@chainreactiontheatre.co.uk)

Phone: 0208 981 9527



**A4G SUMMER CLUB 2020**  
11am- 5pm. Wed 5th - Thurs 6th & Wed 12th - Thurs 13th August

*Drama activities* *Come up with ideas and have your say!* *Play games*

Chain Reaction are back this summer!  
With 4 days of FREE creative workshops for 11-18 year olds. Learn new skills, build your confidence and meet new people.  
FREE lunch provided.

**Venue: Greatfields School, St Marys, Barking, IG11 7TD**

Places are limited. Booking is essential.  
Call, text or email to book a place  
0208 981 9527  
07841026248  
[admin@chainreactiontheatre.co.uk](mailto:admin@chainreactiontheatre.co.uk)  
\*PTO to see our covid-safety plans

**CHAIN REACTION**  
Igniting Change

## Fearless Outreach Workers

Fearless is where young people at risk of crime can access non-judgemental information and advice about crime and criminality. They offer 100% anonymous support and information.

They have been offering online workshops on how to stay safe online, County Lines and Drugs, and Hate Crime.

Fearless are accepting referrals and their website is always accessible. We also have a dedicated Fearless worker for Barking and Dagenham.

Please visit: <https://www.fearless.org/>

Please contact: [Fearless@crimestoppers-uk.org](mailto:Fearless@crimestoppers-uk.org)

## Flipside for LGBT+ Young People

Flipside is a group for lesbian, gay, bi & trans+ young people (aged 11-25) where young people can be themselves, get support, and meet others in similar situations!

They are running Tuesday and Thursday sessions online for their current cohort. They also have plans in place for summer activities, such as making decorative masks for Barking and Dagenham's UKON events (attached here).

Please contact: [Flisipide@lbbd.gov.uk](mailto:Flisipide@lbbd.gov.uk)

Please visit their facebook page: @FlipsideLGBT+ Youth

**PRE-CARNIVAL WORKSHOPS**  
UKON Careers is delivering 7 week's worth of online pre-carnival workshops. It will consist of different activities in relation to carnival, covering educational and practical workshops.  
Get involved it's free for all!  
#UKONCarnivalWorkshops

<b>Week 1: Heritage Week</b> Monday 20th July 2020 – Saturday 25th July 2020 <b>Live Edition – Gain an understanding about the history and heritage of carnival.</b>	<b>Week 5: Drumming Week</b> Monday 17th August 2020 – Friday 21st August 2020 <b>Listen to the amazing sounds of the different drums played at Carnival and learn how to play them in the comfort of your home using household items.</b>
<b>Week 2: Creative Week</b> Monday 27th July 2020 – Saturday 1st August 2020 <b>Unleash your creativeness and design carnival themed arts and crafts.</b>	<b>Week 6: Discussion (Q&amp;A) Week</b> Monday 24th August 2020 – Friday 28th August 2020 <b>Live Edition – Celebrities and individuals discuss their heritage.</b>
<b>Week 3: Dancing Week</b> Monday 3rd August 2020 – Friday 11th August 2020 <b>Learn different dance styles and fun routines in relation to carnival from different dance groups.</b>	<b>Week 7: Top Tips Week</b> Monday 31st August 2020 – Friday 4th September 2020 <b>Top Tips from professionals and creative individuals connected to carnival.</b>
<b>Week 4: Cooking Week</b> Monday 10th August 2020 – Friday 14th August 2020 <b>Learn how to make delicious and healthy home cooked Caribbean dishes.</b>	

[www.ukoncareers.com](https://www.ukoncareers.com)

UKON | E-CIPER | Arts Council ENGLAND | London Funders | UKON CAREERS

## Future Youth Zone

Future Youth Zone is a provision for all children and young people aged 8-19 (25 for those with disabilities).

Youth Zone have been offering targeted online support and detached Youth Work across some of the boroughs parks and busy spots. They are delivering a full suite of online resources via their Instagram, Facebook, and twitter. Including Rainbow Art Work, Home Workouts, Dance and Music.

Please email: [enquiries@youthzone.org](mailto:enquiries@youthzone.org)

## Future M.O.L.D.S Communities

Future M.O.L.D.S work with young people who otherwise face barriers to accessing education, services, and health. They seek to identify personal barriers and provide young people with strategies to overcome them. Aged 12-18.

Future M.O.L.D.S have a summer offer of:

- Sending out Art Packs to young people;
- Weekly football sessions - Goals Dagenham (September, Tuesday's 4-6pm);
- Fortnightly music sessions - Riddim Life (Thursday's 4-6pm);
- 12-week online healthy living programme;
- Gascoigne youth club (Monday & Wednesday 4-6pm, end of July); and
- Detached Youth Work Sessions (Gascoigne & Thames View).

Please contact: [Info@futuremc.org](mailto:Info@futuremc.org)

## Lifeline Community Projects

Lifeline offer support services for young people with mental health needs and at risk of serious youth violence, they provide positive diversionary activities and person-centered mentoring for their cohort of young people.

Lifeline have been delivering their SW!TCH Lives Serious Youth Violence and SW!TCH Minds Mental Health programme throughout lockdown, with online mentoring and physical case work where necessary.

Lifeline have been conducting detached youth work across the borough with physical activities taking place in the parks, Lifeline have a football tournament organised for August 21st.

Call: 020 8597 2900

Email: [info@lifelineprojects.co.uk](mailto:info@lifelineprojects.co.uk)

## Peer Support: Mental Health Needs

The group provides support for young people who suffer from anxiety and mental health needs.

They have been providing phone support, WhatsApp group support, and contact groups with parents and carers where necessary.

The peer support group will also be taking part in summer activities surrounding Barking and Dagenham's UKON event (attached with Flipside). This is scheduled over seven weeks in summer.

Please contact: [heather.mckelvey@lbbd.gov.uk](mailto:heather.mckelvey@lbbd.gov.uk) or [grace.kihu@lbbd.gov.uk](mailto:grace.kihu@lbbd.gov.uk)

## Spark2Life

Spark2Life provide support for young people on the streets of Barking and Dagenham, these young people are often at risk of involvement in crime, exploitation, and serious youth violence. Spark2life detached youth workers are a positive force on the streets.

Spark2Life's detached youth workers will be accessible Barking and Dagenham throughout summer.

Visit the website: <https://spark2life.co.uk/>

## Studio3Arts

Studio3arts have multiple programmes to engage young people, providing leadership potential and contributing to Barking and Dagenham's social, economic, and cultural wellbeing of the community. Studio3Arts are inclusive of all and provide art, theatre, and learning content for a wide age range.

Studio3arts will be delivering over summer:

- Big Deal - radio drama, for young people to work with theatre and radio practitioners (aged 13-19);
- Big Deal - Puppet Theatre, children will working with theatre makers to make their own show (aged 8-12);
- Big Deal - Dance Masterclass, working with a range of top industry choreographers in a variety of styles (aged 13-19); and
- Big Deal - Dance, children will work with choreographers to lean their own dance performance (age 8-12).

Please contact: [hello@studio3arts.org.uk](mailto:hello@studio3arts.org.uk)

Call: 020 8594 7136

Visit their website: <http://www.studio3arts.org.uk/>

## Youth at Risk Matrix Workers (YARM)

Youth at Risk Workers provide support for young people facing contextual issues outside of the home, they give assistance to those most at risk of crime or entering the criminal justice system.

YARM workers have been delivering online sessions for young people virtually, including a focus on: Consequential thinking, peer association, social media, and prison awareness.

Please email: [Yarmteam@lbbd.gov.uk](mailto:Yarmteam@lbbd.gov.uk)

## WDP SubWize - Young Person's Substance Misuse Support

Subwize provide support for young people with issues surrounding substance misuse - they look to prevent young people from engaging in substance misusing and risk-taking behaviours, enable young people to develop boundaries, emotional resilience and self-esteem, and actively support young people to reduce harmful behaviours such as alcohol and drug use. Aged under 21 (with a transitional 21-24 group).

They have a full online offer to support young people, including 1 to 1 assessments and hidden harm work families and carers.

Email: [info@subwize.wdp.org.uk](mailto:info@subwize.wdp.org.uk)

Call: 0300 303 4613